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Antioxidants Inhibit Nuclear Export of Telomerase Reverse Transcriptase and Delay Replicative Senescence of Endothelial Cells

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Abstract—Aging is associated with a rise in intracellular reactive oxygen species (ROS) and a loss of telomerase reverse transcriptase activity. Incubation with H₂O₂ induced the nuclear export of telomerase reverse transcriptase (TERT) into the cytosol in a Src-family kinase–dependent manner. Therefore, we investigated the hypothesis that age-related increase in reactive oxygen species (ROS) may induce the nuclear export of TERT and contribute to endothelial cell senescence. Continuous cultivation of endothelial cells resulted in an increased endogenous formation of ROS starting after 29 population doublings (PDL). This increase was accompanied by mitochondrial DNA damage and preceded the onset of replicative senescence at PDL 37. Along with the enhanced formation of ROS, we detected an export of nuclear TERT protein from the nucleus into the cytoplasm and an activation of the Src-kinase. Moreover, the induction of premature senescence by low concentrations of H₂O₂ was completely blocked with the Src-family kinase inhibitor PP2, suggesting a crucial role for Src-family kinases in the induction of endothelial cell aging. Incubation with the antioxidant *N*-acetylcysteine, from PDL 26, reduced the intracellular ROS formation and prevented mitochondrial DNA damage. Likewise, nuclear export of TERT protein, loss in the overall TERT activity, and the onset of replicative senescence were delayed by incubation with *N*-acetylcysteine. Low doses of the statin, atorvastatin (0.1 μmol/L), had also effects similar to those of *N*-acetylcysteine. We conclude that both antioxidants and statins can delay the onset of replicative senescence by counteracting the increased ROS production linked to aging of endothelial cells. (*Circ Res.* 2004;94:768-775.)

Key Words: aging ■ reactive oxygen species ■ Src-family kinases ■ statins ■ TERT

Accumulating evidence suggests that telomeres and telomerase play a role in cellular senescence *in vitro* and *in vivo*.^{1,2} Telomeres, the physical ends of the chromosomes, are involved in control of chromosome stability, genetic integrity, and cell viability in a variety of different species.^{3,4} Primary mammalian cells have a finite life span in tissue culture. It has been implied that the induction of senescence in cultured cells could result from two sources of signals. Cell culturing can induce stress signals initiated by a “culture shock,” which results in the expression of different cell cycle inhibitors leading to a senescent phenotype. Secondly, intrinsic signals can be induced by a critical telomere shortening, which is a consequence of telomere length reduction during each cell division (“mitotic clock”), or by a disturbance of the telomere-associated proteins (telomere “uncapping”).⁵ Telomere shortening forces human primary cells including endothelial cells to stop dividing, when a critical minimum telomere length is reached.^{2,6} The enzyme telomerase, a ribonucleoprotein, counteracts the shortening of telomeres.

Telomerase contains a catalytic subunit, the telomerase reverse transcriptase (TERT).⁷ Introduction of TERT into human cells extends both their lifespan and their telomeres to lengths typical of young cells.^{8–10} The regulation of TERT involves transcriptional and posttranscriptional mechanisms. Transcriptional regulation of TERT is predominantly implicated in the regulation of TERT activity in cancer cells.¹¹ Different transcription factors can activate TERT expression.¹² There is also growing evidence for posttranscriptional regulation of TERT. Thus, TERT activity can be posttranscriptionally regulated by the kinases *c*-Abl, PKC, ERK1/2, and Akt (see review¹³). An additional regulatory mechanism is the import of TERT into the nucleus from the cytoplasm in T-cells and smooth muscle cells on stimulation with growth factors.^{14,15} Recently, we have demonstrated that increased generation of reactive oxygen species (ROS) stimulates export of TERT from the nucleus into the cytosol via the nuclear pores.¹⁶ However, the cellular circumstances, where transcriptional and posttranscriptional regulation of TERT takes place, are still not clear.

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Reactive oxygen species (ROS) have been implicated in aging and numerous diseases.¹⁷ In aging, increased production of ROS may primarily derive from the NADPH oxidase activity and from the mitochondria.^{18,19} This is supported by observations that the life span of most organisms is roughly proportional to the rate of mitochondrial ROS generation.¹⁷ In line with these observations, mimetics of the antioxidant enzymes, superoxide dismutase and catalase, can extend worms life span.²⁰ Nevertheless, a direct link between aged-induced ROS and the regulation of TERT during endothelial cell aging is still missing. In view of our previous findings that oxidants stimulate export of TERT from nucleus and that statins inhibit senescence of endothelial progenitor cells,²¹ we decided to investigate whether antioxidants and statins counteract the adverse effects of increased ROS production on the aging of endothelial cells in culture. Our data show that endothelial cell aging is linked to an increase in ROS formation which in turn affects TERT localization and activity. Preincubation of endothelial cells with low doses of *N*-acetylcysteine and atorvastatin significantly reduced ROS formation, and prevented TERT translocation and endothelial cell aging.

Materials and Methods

Cell Culture

Human endothelial cells (Clonetics, Cologne, Germany) were cultured in endothelial basal medium supplemented with hydrocortisone (1 μ g/mL), bovine brain extract (12 μ g/mL), gentamicin (50 μ g/mL), amphotericin B (50 ng/mL), epidermal growth factor (10 ng/mL), and 10% fetal calf serum until 15th passage as described.^{22,23} In brief, experiments were performed on multiple primary cultures. Starting from three different primary cultures (purchased from Clonetics), human endothelial cells were seeded at a cell number of 6×10^5 per 75 cm² flask and trypsinized on confluence (between 6 to 7 days). Population doublings (PDL) were calculated using the following formula: $PDL = (\log_{10}F - \log_{10}I) / 0.301$ (*F* indicates number of cells of the end of the passage; *I*, number of cells when seeded). Endothelial cells were stained with von Willebrand factor to exclude dedifferentiation. After detachment with trypsin, endothelial cells were seeded into 6-cm dishes and protein isolation, genomic DNA isolation, or FACS analysis was performed.

Telomerase Enzyme Activity Measurement

Telomerase enzyme activity was measured using a commercially available PCR-based assay according to the manufacturer's protocol. Telomeric repeat amplification protocol (TRAP) assays were performed using biotin-labeled TS primers as previously described.²⁴

Immunostaining

Cells were fixed in 4% paraformaldehyde and permeabilized using 3% bovine serum albumin, 1% NP-40. After incubation with an antibody against TERT (1:75; abcam, Germany) and with a Rhodamine RedX-conjugated secondary antibody (1:300, Molecular Probes), nuclei were stained with tropo-3-iodide (Molecular Probes) and analyzed by confocal laser scanning microscopy.

Detection of Mitochondria Mass

Living cells were incubated with 100 ng/mL acridine orange (Molecular Probes) for 30 minutes at 37°C. Cells were trypsinized for 2 minutes, reaction was stopped with PBS containing 10% FCS, and cells were pelleted by centrifugation. After washing with PBS, cells were resuspended in PBS and measured using FACS analysis.

Detection of BRDU-Positive Cells

Living cells were incubated with BRDU-labeling reagent for 60 minutes at 37°C. Cells were trypsinized for 2 minutes, reaction was stopped with PBS containing 10% FCS, and cells were pelleted by centrifugation. Cells were incubated with anti-BrdU-FITC for 30 minutes and thereafter with 1 μ g/mL propidium iodide. Analysis was performed using FACS.

Detection of Oxidative Stress

Living cells were incubated for dye uptake with 20 μ mol/L 2',7'-dichlorodihydrofluorescein diacetate (H₂DCF-DA) for 30 minutes (Molecular Probes). Cells were trypsinized for 2 minutes, reaction was stopped with PBS containing 10% FCS, and cells were pelleted by centrifugation. Cells were resuspended in PBS and measured using FACS analysis.

Separation of Nuclear and Cytosolic Fractions

Nuclear and cytosolic fractions were separated using a commercially available kit according to the manufacturer's protocol (Pierce) as described previously.²⁴ In brief, cells were scraped off the dish in PBS and centrifuged at 800g for 5 minutes at 4°C. Purity of the fractions was assured by immunoblotting with tubulin.

Long-Term PCR for Detection of Intact Mitochondrial DNA

Genomic DNA was isolated from cells using the DNeasy kit from Qiagen. For PCR analysis, 250 ng of genomic DNA and the following primers were used: sense, 5'-ATACCCATGGCCAA-CCTCCTACTCCTCATT-3' and anti-sense, 5'-CTAGAAGTGTG-AAAACGTAGGCTTGGATTAAGGC-3', resulting in a PCR product of 6.3 kB of mitochondrial DNA. As a control for intact nuclear DNA, 180 bp of the GAPDH were amplified using 250 ng genomic DNA and the following primers: sense, 5'-GTGT-CCCCACTGCCAACGT-3' and anti-sense, 5'-GGAGTGGGTGT-CGCTGTTG-3'.

Acidic β -Galactosidase (β -Gal) Staining

Cells were fixed for 10 minutes in 2% formaldehyde, 0.2% glutaraldehyde in PBS, and incubated for 18 hours at 37°C with fresh β -Gal staining solution as described previously.²² The absolute number of blue cells in relation to the total number was determined out of 1000 cells.

Statistics

Statistical analysis was performed using student *t* test. Data are expressed as mean \pm SD.

Results

Increase in ROS Formation and Loss of Intact Mitochondrial DNA Precede the Onset of Senescence in Endothelial Cells

Endothelial cell aging was studied by subjecting endothelial cells to subsequent passages until passage 14 as described previously.^{22,23} Dedifferentiation was excluded by von Willebrand factor staining [passage 14 (PDL 42): 94 \pm 9% von Willebrand factor-positive cells; passage 15 (PDL 44): 35 \pm 21% von Willebrand factor-positive cells]. In this experimental model, we investigate the age-dependent increase in ROS formation, mitochondrial dysfunction, and replicative senescence.

Therefore, ROS formation was measured by detection of H₂DCF-DA during continuous passaging of endothelial cells. In fact, formation of endogenous ROS was increased, starting from population doubling 29 (Figure 1A and data not shown). Recent studies implied that a substantial source for the

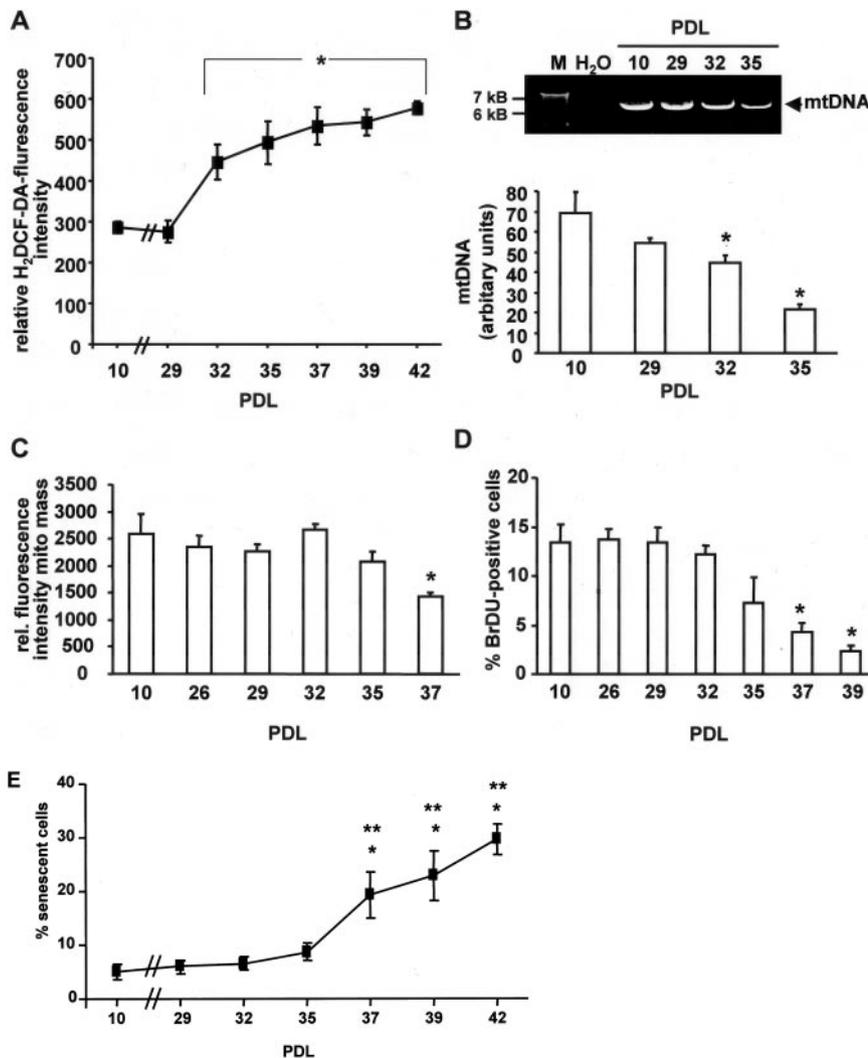


Figure 1. A, Increase in intracellular ROS formation during aging of endothelial cells. Endothelial cells were cultivated until population doubling 42. Endogenous ROS formation was measured with H₂DCF-DA using FACS analysis (**P*<0.05 vs population doubling 10; *n*=3). B, Reduction of intact mitochondrial DNA during aging of endothelial cells. Intact mitochondrial DNA was measured at different population doublings of endothelial cells, using semiquantitative PCR analysis. PCR products were loaded onto a 0.8% agarose gel. Representative agarose gel is shown (top). Semiquantitative analysis is shown in the bottom (**P*<0.05 vs population doubling 10; *n*=3). C, Reduction of mitochondrial mass during aging of endothelial cells. Mitochondrial mass was detected using nonyl acridine orange at the indicated population doublings (**P*<0.05 vs population doubling 10; *n*=3). D, Proliferation of endothelial cells during the process of aging. BrdU incorporation was measured using FACS analysis at the indicated population doublings (**P*<0.05 vs population doubling 10; *n*=3). E, Cellular senescence increased in endothelial cells. Acidic β -galactosidase activity was measured in endothelial cells from population doubling 10 to 42. Percentage of acidic β -galactosidase-positive cells (percent senescent cells) was calculated (**P*<0.05 vs population doubling 10; ***P*<0.05 vs population doubling 35; *n*=3).

formation of ROS were dysfunctional mitochondria, which can result in loss of intact mitochondrial DNA by direct damage by ROS.^{25,26} Coinciding with the increased ROS formation in aged endothelial cells, the fraction of intact mitochondrial DNA was reduced by 60% at population doubling 35 compared with population doubling 10, using a semiquantitative PCR analysis as shown in Figure 1B. This loss in intact mitochondrial DNA was independent of the mitochondrial mass as determined by the MitoTracker nonyl acridine orange.²⁷ As shown in Figure 1C, the mitochondrial mass did not decrease significantly before population doubling 35 (Figure 1C).

In order to assess the onset of replicative senescence, we first measured the proliferative capacity by BrdU incorporation. BrdU incorporation significantly declined at PDL 37 (Figure 1D). Likewise, at PDL 37 acidic β -galactosidase staining as a marker for senescence increased (Figure 1E). Senescence was additionally confirmed by measuring telomere lengths using FLOW FISH analysis, which showed shorter telomeres in aged endothelial cells (15% reduction in telomere length compared with young endothelial cells). Thus, the increase in ROS formation and the loss of intact mitochondrial DNA preceded the onset of replicative senescence of endothelial cells.

Increase in ROS Formation Leads to Loss of Nuclear TERT Activity Before Reduction of Overall TERT Activity

A variety of studies has demonstrated that the activity of the catalytic subunit of telomerase, the telomerase reverse transcriptase (TERT), is essential to prevent cells from entering senescence by elongation of telomeres.^{8,10} Recently, we have shown that on short-term stimulation of human embryonic kidney cells (HEK 293) with H₂O₂, TERT is translocated from the nucleus into the cytosol.²⁴ To assess TERT distribution in aging endothelial cells, whole cell lysate as well as nuclear and cytosolic fractions were prepared from cultures between population doubling 26 and 37. Concomitantly with the significant increase in formation of ROS in endothelial cells, nuclear TERT activity was reduced between population doubling 29 and 32 (Figures 2A and 2B), whereas cytosolic TERT protein increased in cytosolic fractions (Figure 2C). Immunocytochemical studies confirmed these findings and also demonstrated a reduction of predominantly nuclear TERT staining at population doubling 32 (Figure 2D). In contrast, TERT activity and TERT protein was not altered in whole cell lysate between population doubling 29 and 32 (Figure 2A and data not shown), demonstrating that the

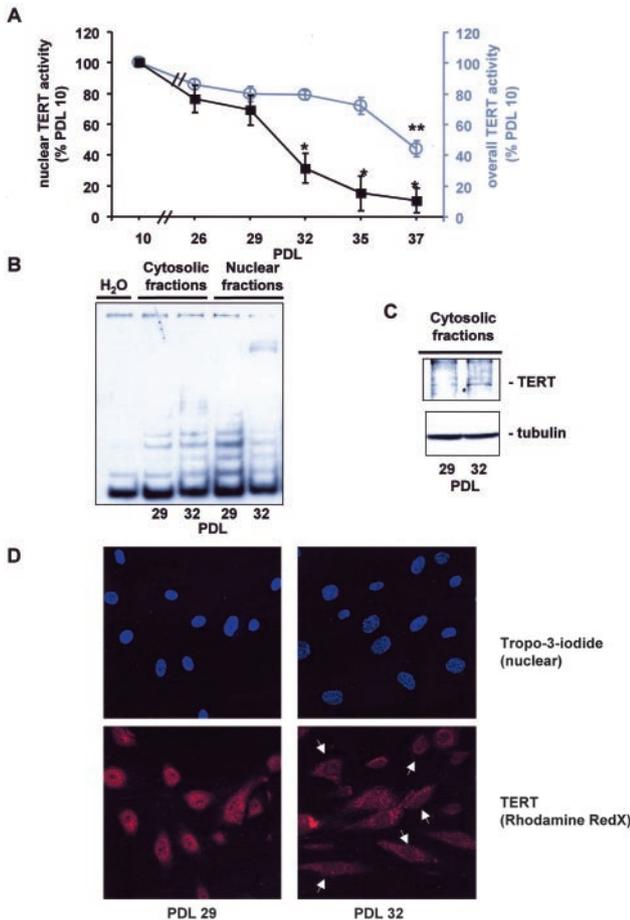


Figure 2. A and B, Effect of endothelial cell aging on nuclear and overall TERT activity. A, Nuclear and overall TERT activity was measured in endothelial cells at population doublings indicated (* $P < 0.05$ vs nuclear TERT activity in population doubling 29; ** $P < 0.05$ vs overall TERT activity in population doubling 29; $n = 4$). B, Representative TRAP gel is shown for distribution of nuclear and cytosolic TERT activity in population doublings 29 and 32. C, Cytosolic TERT protein is increased at population doubling 32. Cytosolic fractions of endothelial cells from population doublings 29 and 32 were dissolved on 10% SDS PAGE. Immunoblotting was performed using an antibody against TERT (top) and equal loading was assured using an antibody against tubulin (bottom). D, TERT protein is translocated from the nucleus into the cytosol. A representative immunostaining is shown for distribution of TERT at population doubling 29 and 32. White arrows indicate loss of nuclear TERT.

translocation of TERT from the nucleus into the cytosol preceded the downregulation of overall TERT activity (Figure 2A).

Role of Src-Family Kinases in Aging Endothelial Cells

ROS-induced nuclear export of TERT in HEK293 was mediated by Src-family kinase-dependent tyrosine phosphorylation.¹⁶ Moreover, it is well established that incubation with ROS leads to activation of Src-family kinases in different cell types.²⁸ Therefore, we investigated whether the Src-family kinases are activated during endothelial cell aging. Src-activation was monitored by detection of phosphorylation of Tyr 416.²⁹ Tyr 416 phosphorylation was significantly in-

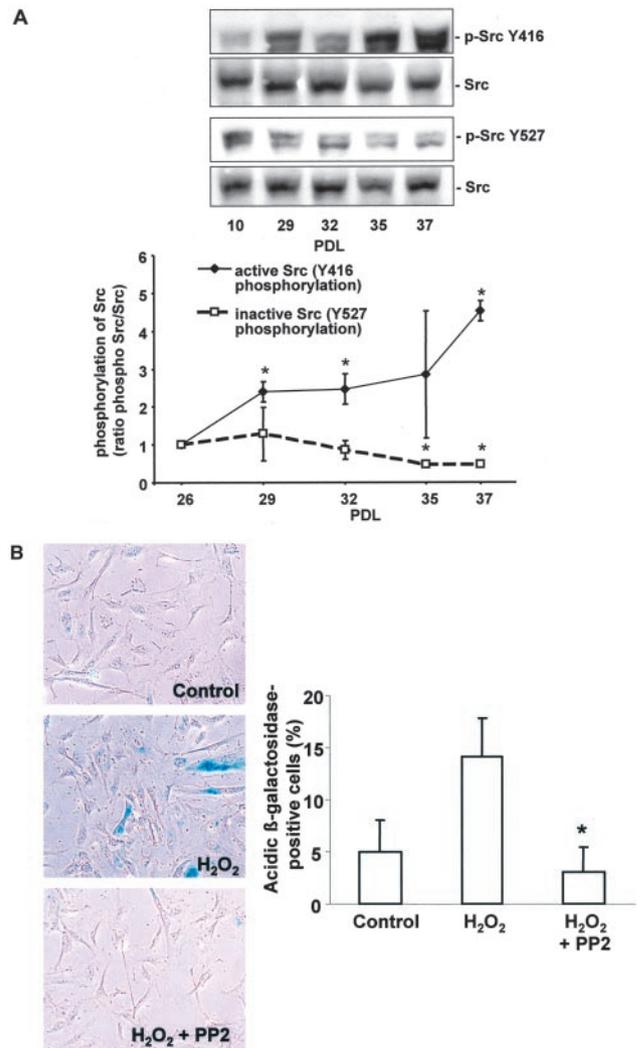


Figure 3. A, Role of Src-family kinase in endothelial cell aging. Endothelial cells were lysed from the population doublings indicated. Immunoblots were performed using antibodies against activated Src (tyrosine phosphorylation of Y416), and Src, inactivated Src (tyrosine phosphorylation of Y527), and Src. Representative immunoblots are shown (top). Semiquantitative analysis is shown in the bottom (* $P < 0.05$ vs population doubling 10 of the original data; $n = 3$). B, PP2 inhibits H_2O_2 -induced premature senescence in endothelial cells. Endothelial cells from population doubling 26 were incubated with 50 $\mu\text{mol/L}$ H_2O_2 in the presence or absence of 500 nmol/L PP2 for 1 week. Acidic β -galactosidase activity was measured. Right, representative staining. Percentage of acidic β -galactosidase-positive cells (percent senescent cells) was calculated (left; * $P < 0.05$ vs control cells; $n = 3$).

creased in PDL 29 (Figure 3A). Interestingly, the phosphorylation of the inhibitory site Tyr 527 within Src²⁹ was also significantly declined starting at PDL 32 (Figure 3A).

In order to test the involvement of Src kinases in endothelial cell senescence, we established a model of premature senescence. For that purpose, we used H_2O_2 at a concentration of 50 $\mu\text{mol/L}$, which did not induce apoptosis, and incubated endothelial cells for 1 week. As demonstrated in Figure 3B, incubation with H_2O_2 significantly increased acidic β -galactosidase-positive cells. Interestingly, coincubation with the Src kinase inhibitor PP2 (500 nmol/L) completely blocked

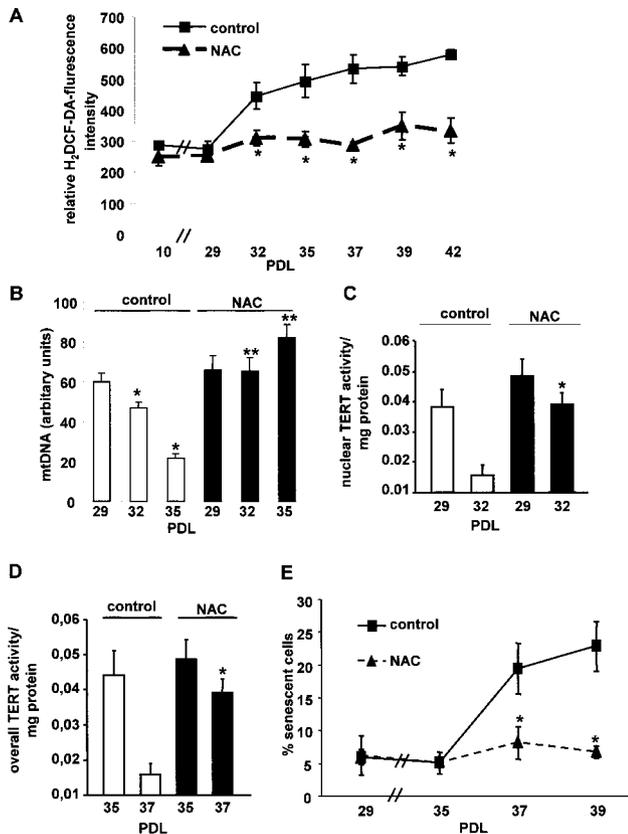


Figure 4. A, *N*-acetylcysteine inhibited aged-induced increase in ROS formation. Endothelial cells were incubated with 10 μ mol/L *N*-acetylcysteine (NAC) starting from population doubling 26 and added every second day (A through E). Endogenous ROS formation was measured with H₂DCF-DA using FACS analysis ($*P < 0.01$ vs corresponding population doubling of control cells; $n = 3$). B, *N*-acetylcysteine reduced loss of intact mitochondrial DNA. Intact mitochondrial DNA was measured in different passages of endothelial cells, using semiquantitative PCR analysis. PCR products were loaded onto a 0.8% agarose gel. Densitometric analysis is shown ($*P < 0.05$ vs population doubling 29 of control cells; $**P < 0.01$ vs corresponding population doubling of control cells, $n = 3$). C, *N*-acetylcysteine blocked nuclear export of TERT. TERT activity measured in nuclear fractions of endothelial cells from population doublings 29 and 32 ($*P < 0.01$ vs TERT activity in nuclear fractions of control cells from population doubling 32, $n = 3$). D, *N*-acetylcysteine inhibited aged-induced reduction of overall TERT activity. Overall TERT activity was measured in whole cell lysate in the population doublings indicated ($*P < 0.01$ vs overall TERT activity of control cells from population doubling 37, $n = 3$). E, *N*-acetylcysteine inhibited cellular senescence. Acidic β -galactosidase activity was measured. Percentage of acidic β -galactosidase-positive cells (percent senescent cells) was calculated ($*P < 0.05$ vs corresponding population doubling of control cells; $n = 3$).

the induction of premature senescence indicating that Src kinase activation contributes to endothelial cell senescence.

***N*-Acetylcysteine Decreases Aged-Induced ROS Formation and Translocation of TERT and Delays the Onset of Replicative Senescence**

To investigate whether the age-associated increase in ROS formation indeed causally contributes to TERT translocation, endothelial cells were incubated with low doses of the antioxidant *N*-acetylcysteine. As shown in Figures 4A and

4B, incubation with *N*-acetylcysteine starting from population doubling 26 prevented the increase in ROS formation and the reduction of intact mitochondrial DNA. Furthermore, the reduction of nuclear TERT activity was blocked by *N*-acetylcysteine (Figure 4C). Moreover, *N*-acetylcysteine prevented the reduction in overall TERT activity during further passaging (Figure 4D) and delayed the onset of replicative senescence (Figure 4E).

Atorvastatin Delays Endothelial Cell Aging

Recently, it has been shown that statins can exert antioxidative effects by inhibiting p22^{phox} expression in smooth muscle cells,³⁰ thereby inhibiting NADPH oxidase activity and ROS formation. To examine whether atorvastatin would modulate age-associated increase in ROS formation, export of nuclear TERT protein, and finally, the onset of replicative senescence, endothelial cells were incubated with 0.01 μ mol/L atorvastatin starting from population doubling 26. Increase in ROS formation was significantly reduced by atorvastatin (Figure 5A). Incubation with atorvastatin also inhibited the loss of intact mitochondrial DNA (Figure 5B) and abrogated the reduction of nuclear and overall TERT activity and protein (Figures 5C and 5D and data not shown). Furthermore, incubation with atorvastatin delayed the onset of senescence of endothelial cells (Figure 5E).

Taken together, atorvastatin reduced age-induced ROS formation, TERT translocation, and subsequently, endothelial cell senescence.

Discussion

The present study demonstrates that aging of endothelial cells lead to an increase in ROS formation, which is in line with findings from Carlisle et al.³¹ Moreover, increase in ROS formation and loss of intact mitochondrial DNA occurs before the onset of replicative senescence of endothelial cells. ROS, such as the superoxide radical, H₂O₂, the hydroxyl radical, and possibly singlet oxygen, which are formed during aerobic metabolism, are generally viewed as important regulators of aging processes. ROS are generated from different sources in cells. Among them are the NADPH oxidase and the mitochondria. Both appear to play a role in the aging process.^{18,19} Whereas the sources for ROS in our model are not clear, the findings that mitochondrial DNA is damaged before the onset of senescence strongly suggest that mitochondrially generated ROS are involved. Because many of the proteins encoded by the mitochondrial genome are components of the respiratory chain, it is conceivable that ROS-induced mitochondrial DNA damage could lead to defects in respiratory enzyme activities.

Telomerase is capable to counteract the onset of cellular senescence. A variety of studies have investigated the role of telomeres and telomerase in cellular senescence. Recent studies have demonstrated that introduction of TERT into human vascular cells can extend their life span and preserve a younger phenotype, underlying the important role of telomerase and of telomere stabilization for longevity and functional activity of endothelial cells.¹⁰ Moreover, overexpression of TERT prevented downregulation of eNOS, improved functional activity of endothelial progenitor cells for vascular

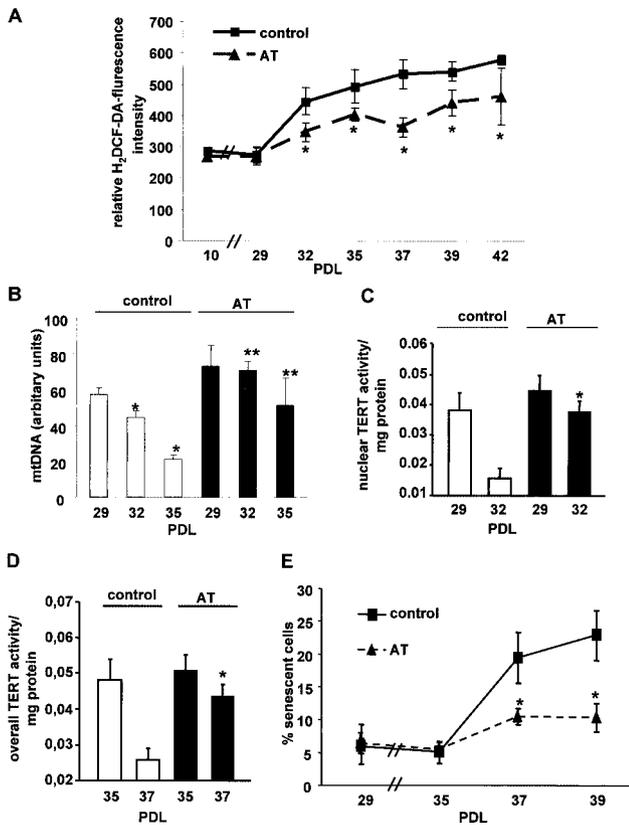


Figure 5. A, Atorvastatin inhibited aged-induced increase in ROS formation. Endothelial cells were incubated with 0.01 $\mu\text{mol/L}$ atorvastatin (AT) starting from population doubling 26 and added every second day (A through E). Endogenous ROS formation was measured with $\text{H}_2\text{DCF-DA}$ using FACS analysis ($*P < 0.05$ vs corresponding population doubling of control cells; $n = 3$). B, Atorvastatin reduced loss of intact mitochondrial DNA. Intact mitochondrial DNA was measured in different population doublings of endothelial cells, using semiquantitative PCR analysis. PCR products were loaded onto a 0.8% agarose gel. Densitometric analysis is shown ($*P < 0.05$ vs population doubling 29 of control cells; $**P < 0.05$ vs corresponding population doubling of control cells, $n = 3$). C, Atorvastatin blocked nuclear export of TERT. TERT activity measured in nuclear fractions of endothelial cells from population doublings 29 and 32 ($*P < 0.01$ vs TERT activity in nuclear fractions of control cells from population doubling 32, $n = 3$). D, Atorvastatin inhibited aged-induced reduction of overall TERT activity. Overall TERT activity was measured in whole cell lysate in the population doublings indicated ($*P < 0.05$ vs overall TERT activity of control cells from population doubling 37, $n = 3$). E, Atorvastatin inhibited cellular senescence. Acidic β -galactosidase activity was measured. Percentage of acidic β -galactosidase-positive cells (percent senescent cells) was calculated ($*P < 0.05$ vs corresponding population doubling of control cells; $n = 3$).

regeneration, and extended the life span of smooth muscle cells to engineer mechanically robust human vessels.^{32–34} By contrast, endothelial cells with senescence-associated phenotypes are found in regenerated porcine arteries and in human atherosclerotic plaques,^{1,35} which suggests that endothelial cell aging may contribute to atherogenesis.³⁶ Although ROS are known to be elevated during aging, a direct link between increased ROS formation and regulation of telomerase during aging processes has not been yet elucidated. Studies in *Caenorhabditis elegans* and *Drosophila* provide evidence that genes controlling ROS metabolism are important deter-

minants of life span and that decreased ROS production might be responsible for increased longevity.^{17,20,37,38} In this study, we show that, on increase in endogenous ROS formation, nuclear TERT is exported to the cytosol. Moreover, on a cellular level, increase in ROS formation leads to an increase in Src-family kinase activation in aging endothelial cells. Together with findings from our previous study,²³ demonstrating that Akt expression is reduced in aged endothelial cells, it is tempting to speculate that phosphorylation by Akt keeps TERT in an active status in the nucleus, whereas increasing activation of Src-family kinases induced nuclear export of TERT and, thereby, losing the ability to prolong telomeres and to protect from aging. Incubation with the antioxidant *N*-acetylcysteine blocked nuclear export of TERT and, subsequently, delayed the onset of cellular senescence. Thus, one may speculate that the ROS-dependent reduction of nuclear TERT may play a role in cellular aging. Although endogenous TERT levels are low in nontransformed cells, the onset of proliferation was shown to increase the expression and activity of TERT in primary human cells including endothelial cells.^{14,15,39,40} The reduction of nuclear TERT protein and activity by ROS in proliferating cells may lead to a loss of the capacity of cells to prolong telomeres, which may result in progressive telomere shortening and subsequent onset of replicative senescence. In line with this concept, senescent endothelial cells were found in regenerated areas after vascular injury, where proliferation of the endothelial cells is required.⁴¹ In addition to the maintenance of telomere length and proliferative capacity, TERT exerts telomere length-independent effects.⁴² Catalytically active human telomerase mutants failed to increase the life span of human primary fibroblasts.⁴³ Moreover, TERT prevents apoptosis and increases levels of growth factors.^{44–46} Interestingly, nuclear-targeted TERT enhanced its antiapoptotic activity in human embryonic kidney cells.¹⁶ A recent study supports the concept that TERT suppresses a nuclear signal that is essential for apoptosis induction.⁴⁷ Additionally, subnuclear shuttling of TERT has been shown between the nucleoplasm and the nucleoli in primary cells. Moreover, transformation and DNA damage have different effects on the shuttling affecting the access of TERT to both telomeric and nontelomeric substrates, further underscoring the concept that TERT has functions independent of the telomeres.⁴⁸ Taken together, the reduction of nuclear TERT during endothelial cell aging, demonstrated in the present study, may additionally contribute to the increased sensitivity of aged endothelial cells toward apoptotic stimuli.^{23,49}

3-Hydroxy-3-methylglutaryl HMG-CoA reductase inhibitors, or statins, are effective lipid lowering agents that are widely described to lower cholesterol levels in patients at risk for cardiovascular disease.⁵⁰ A variety of experimental studies underscored that the beneficial effects of statins are not only due to an improved lipid profile but also due to pleiotropic effects.⁵¹ Recently, statins have been shown to exert antiinflammatory and antioxidative effects. Statins act as direct inhibitors of induction of myosin heavy chain II (MHC II) expression by interferon- γ (IFN- γ),⁵² which is a process dependent on a rise in intracellular ROS. Statins also reduced expression of the p22^{phox} subunit of the NADPH

oxidase in smooth muscle cells leading to a reduction in intracellular ROS formation.³⁰ Thus, these antioxidative effects might contribute to the observed statin-mediated reduction of ROS during endothelial cell aging. However, statins have also been shown to increase eNOS expression and Akt-dependent phosphorylation, thereby, enhancing NO synthesis.^{53–55} In addition, we demonstrated that exogenous NO donors delay endothelial cell senescence.²² Therefore, it is tempting to speculate that statins exert their effects on endothelial cell senescence via increasing NO bioavailability, which then may reduce ROS generation and subsequently prevent nuclear export of TERT. However, the role of NO in regulating TERT has not been elucidated yet and further experiments are needed to explore the mechanism. Interestingly, statins may use distinct pathways to prevent senescence in different cell types. Whereas in mature endothelial cells, statins reduce ROS formation, as seen in this study, endothelial progenitor cells were shown to be protected against premature senescence independently of ROS and eNOS activity.²¹

Notably, the prolonged incubation of endothelial cells with atorvastatin exerts a concentration-dependent effect. Whereas lower concentrations of atorvastatin ($\leq 0.1 \mu\text{mol/L}$) delay the onset of senescence, higher concentrations increase intracellular ROS formation in endothelial cells (data not shown). This is in line with findings demonstrating that statins can induce the production of ROS in different cell types including endothelial cells.^{56,57} Moreover, other biological activities such as regulation of angiogenesis are strictly dose-dependent, with low concentrations promoting angiogenesis, whereas high concentrations block angiogenesis.⁵⁵

Taken together, the present data provide first evidence elucidating a ROS-dependent mechanism for the onset of endothelial cell senescence. Thereby, age-associated increase in ROS induces the nuclear export of TERT protein into the cytosol, which is followed by the onset of endothelial cell senescence. Moreover, our data suggest that statins prevent endothelial cell senescence possibly via interfering with the redox balance of endothelial cells.

Acknowledgments

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